

NOTICE OF ANNUAL GENERAL MEETING OF SHAREHOLDERS

The annual general meeting (the "Meeting") of Shareholders of **Forum Energy Metals Corp.** (the "Company") will be held at the offices of the Company, Suite 615, 800 West Pender Street, Vancouver, BC, on Tuesday, December 10, 2019 at 9:00 a.m. local time, for the following purposes:

- 1. To receive and consider the financial statements for its fiscal period ended November 30, 2018 and the report of the auditor of the Company thereon.
- 2. To fix the number of directors of the Board of the Company at seven (7).
- 3. To elect directors of the Company for the ensuing year.
- 4. To appoint an auditor of the Company for the ensuing year and to authorize the directors to fix the auditor's remuneration.
- 5. To re-approve the Company's 10% rolling Stock Option Plan.
- 6. To consider any permitted amendment to or variation of any matter identified in this Notice and to transact such other business as may properly come before the Meeting or any adjournment thereof. Management is not currently aware of any other matters that could come before the Meeting.

An Information Circular accompanies this Notice together with a form of proxy, voting instruction form and a supplemental mailing return card. The Information Circular contains details of matters to be considered at the Meeting.

Shareholders who are unable to attend the Meeting in person and who wish to ensure that their shares will be voted at the Meeting are requested to complete, date and sign the enclosed form of proxy or complete another suitable form of proxy and deliver it by fax, by hand or by mail in accordance with the instructions set out in the form of proxy and in the Information Circular.

Shareholders who plan to attend the Meeting must follow the instructions set out in the form of proxy and in the Information Circular to ensure that their shares will be voted at the Meeting.

DATED at Vancouver, British Columbia, this 8th day of November, 2019.

BY ORDER OF THE BOARD

Richard Mazur President and CEO